

# DIZZY

**Count:** 32    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Jo Thompson

**Music:** Dizzy by Scooter Lee



## **ROCK, STEP, COASTER STEP, STEP, TURN ½, STEP, TURN ½**

- 1-2                      Rock right forward, recover to left
- 3&4                     Step right back, step left together, step right forward
- 5-6                     Step left forward, turn ½ right (weight to right)
- 7-8                     Step left forward, turn ½ right (weight to right)

## **CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE**

- 1-2                      Cross left over right, step right to side
- 3&4                     Cross left behind right, rock right to side (with ball of right foot), step left slightly forward
- 5-6                     Cross right over left, step left to side
- 7&8                     Cross right behind left, rock left to side (with ball of left foot), step right slightly forward

## **CROSS, SIDE, BACK SHUFFLE, ROCK BACK, FULL TURN LEFT TURN FORWARD**

- 1-2                      Cross left over right, step right to side
  - 3&4                     Turn ¼ left and step left back, step right together, step left back
  - 5-6                     Rock right back, recover to left
- Allow body to turn slightly right to prep for upcoming turn as you rock back
- 7-8                     Turn ½ left and step right back, turn ½ left and step left forward
- You will have done one full turn forward

## **SHUFFLE FORWARD, STEP, TURN ½, SHUFFLE FORWARD, STEP, TURN ½**

- 1&2                     Step right forward, step left together, step right forward
- 3-4                     Step left forward, turn ½ right (weight to right)
- 5&6                     Step left forward, step right together, step left forward
- 7-8                     Step right forward, turn ½ left (weight to left)

## **REPEAT**

At the end of the song, you will have 2 extra beats. Stomp right, left in place to finish